

Notes from the Nurse



Dear Parents:

In an effort to better serve your student, we ask your cooperation in updating his/her health information for next school year. Please complete the Health History Update form as well as recommended immunizations per your physician or community health care resource and return record copies to the school for the nurse.

If your student has already received an immunization update, please bring or fax a copy of the record to the nurse immediately. If you have questions or would like a personal conference with the School Nurse, call or leave a message with the school office. I will return your call as soon as I am able.

IMMUNIZATION INFORMATION

All students who need to update their immunizations must bring proof of immunity to the school nurse (or records office in her absence).

BELOW ARE SHOT REQUIREMENTS FOR SCHOOL, Students 11 years of age and older:

Look at your child's immunization record to be sure you have a date for each shot required. Your record will list shots by the type of vaccine. Bring a copy of the record to the school. **Free shots are available at ?????.**

- ❖ Tetanus/ diphtheria / whooping cough
 - 3 + doses
 - Students 11 years and older in all grades are required to receive one dose of Tdap if 10 years have passed since their last dose of DTaP/DTP/DT/Td, or if they are in the process of receiving their first 3 doses of tetanus/diphtheria vaccine. Students who have received 1 dose of Tdap will need a Td booster after 10 years.
 - See: <http://www.azdhs.gov/phs/immun/>
 - ❖ Polio (IPV/OPV)
 - 3-4 doses; Dose 4 not required if dose #3 was given at 4+years. 4 doses meet the requirement even if all were given in the first year of life
 - ❖ Measles, Mumps, Rubella (MMR)
 - 2 doses (both must be on or after the 1st birthday)
 - ❖ Hepatitis B
 - 3 doses (A 4th dose is required if HepB #3 was given before 24 weeks of age)
 - ❖ Varicella (Chickenpox)
 - In the 2009-2010 school year, children enrolled in preschool, kindergarten and grades 1, 2, 3, 4, 7, 8, 9,10 and 11 are required to be immunized against varicella (chicken pox) or have a history of chicken pox disease. Parental recall of chicken pox is acceptable. One dose of varicella vaccine meets the requirement for all children except those who receive varicella #1 at 13+ years of age. Children who receive the 1st dose of varicella vaccine at 13+ years of age need 2 doses, spaced at least 1 month apart.
 - ❖ Note: If MMR and Varicella vaccine doses were not given on the same day, they must be given at least 28 days apart.
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- **Exemption Statement**...If immunizations are against your personal beliefs, you must complete an exemption statement at the school. If immunizations cannot be given for medical reasons, you must submit a medical exemption statement signed by a physician or local health department representative. Exemptions will only be accepted on forms available in person upon request from the school or nurse's office.

Please call **480-362-2400** if you have questions related to health issues or your student's immunization status. **Fax** record copies to **480-362-2401**, attention: school nurse. Thank you for your cooperation.

Pamela Beihl, RN
School Nurse