

Common Resources that may be needed during the COVID-19 Emergency	
General support <i>(When in doubt start here!)</i>	<ul style="list-style-type: none"> ❖ Links to a wide range of government programs: https://arizonatogether.org ❖ Referrals to programs available during COVID-19 and beyond: 211arizona.org ❖ Sliding Fee Schedule Health Clinics: Sliding Fee Schedule Clinic Locations ❖ Poison Control Center: 1-800-222-1222
Financial & other Assistance	<ul style="list-style-type: none"> ❖ Unemployment benefits have been expanded during COVID-19. Comprehensive information here: Unemployment Insurance Benefit Guide ❖ To apply for unemployment visit www.azui.com or call 1-877-600-2711 ❖ For Cash and other Assistance, visit https://des.az.gov/services/coronavirus
Food & Nutrition	<ul style="list-style-type: none"> ❖ To find foodbanks near you visit: http://www.azfoodbanks.org ❖ For Nutrition Assistance for Pregnant Women, new Mothers and Children under 5 contact Arizona WIC Program: https://azdhs.gov/prevention/azwic ❖ To find School Meal Sites near you: https://www.azhealthzone.org/summerfood
Housing	<ul style="list-style-type: none"> ❖ For Foreclosure or Eviction Prevention Assistance visit: https://housing.az.gov or https://cplc.org/housing/counseling.php ❖ For families experiencing homelessness contact Family Housing Hub (Maricopa): 602-595-8700 or 211arizona.org
Crisis Support	<ul style="list-style-type: none"> ❖ To connect to a Crisis Counselor: Text HOME to 741741 or call the National Suicide Prevention Lifeline at 1-800-273-8255 ❖ Youth call or text Teen Life Line at 602-248-8336 to talk to a peer ❖ For Domestic Violence support 24/7 call 1-800-799-7233 or visit https://acesdv.org ❖ Get support for new mothers at: Postpartum Support International: 1-888-434-6667
Substance Use	<ul style="list-style-type: none"> ❖ Get referrals for Substance Abuse Treatment at https://goyff.az.gov/content/substance-abuse-prevention or https://www.azdhs.gov/oarline
Child Care and Parenting, Home Visitation	<ul style="list-style-type: none"> ❖ To find child care programs visit https://www.azccrr.com ❖ For parent resources that support children five and under visit https://www.firstthingsfirst.org/resources ❖ For parenting support call the Birth to Five Helpline: 877-705-KIDS (5437) or visit http://www.raisingpecialkids.org ❖ For home visiting support contact https://strongfamiliesaz.com ❖ For support around Pregnancy and Breastfeeding call: 1-800-833-4642
Education	<ul style="list-style-type: none"> ❖ The Arizona Department of Education provides general guidance at COVID-19: Guidance to Schools and Families guidance related to special education at Special Education Guidance for COVID-19 ❖ For links to educational resources and activities visit http://www.amazingeducationalresources.com
COVID-19	<ul style="list-style-type: none"> ❖ AZ Department of Economic Security: https://des.az.gov/services/coronavirus ❖ AZ Department of Health Services: https://ADHS.COVID-19.Home ❖ Arizona Department of Child Safety: https://dcs.az.gov/covid19
Foster Care Support	<ul style="list-style-type: none"> ❖ Resources for Current or Former Foster Youth: Fosteringadvocatesarizona.org or Arizona Friends of Foster Care www.affcf.org